



ENROLL NOW

BEENA ZUMBA & DANCE STUDIO



SIGN UP
TODAY

Special Offer & Events

ADULTS & KIDS

EXCLUSIVE OFFERS

OUR FACILITIES



HIGH-QUALITY FITNESS EQUIPMENT



KIDS FITNESS



DRESSING ROOM



PARENTS MEETING SPACE

Kids Activities

KIDS DANCE CLASS

2 DAYS (MON-WED)

- MONTHLY: ₹1200

TIMING: 6:00-7:00 PM

2 DAYS (TUE-THU)

- MONTHLY: ₹1200

TIMING: 7:00-8:00 PM

SATURDAY KIDS FUN CLUB

(GYMNASTICS • YOGA • ZUMBA • DANCE •
FITNESS GAMES)

- MONTHLY: ₹1200

TIMING: 11:00 AM – 12:30 PM

Program - Batches, Timing , Fees

1. Total Body Blast (Mix Workouts)

Power Yoga • Aerobics • Strength Training •
Functional • Cardio • Dance Fitness

5 Days a Week (Monday to Friday)

- Monthly: ₹3000
- 3 Months: ₹8000
- 6 Months: ₹14,999/-
- Timing: 7:00–8:00 AM / 4:00–5:00 PM

3 Days a Week (Your Choice)

- Monthly: ₹2500
- 3 Months: ₹6500
- 6 Months: ₹11,999
- **Timing: 7:00–8:00 AM / 4:00–5:00 PM**

2. Zumba & Fitness Batch

3 Days a Week (Mon–Wed–Fri)

- Monthly: ₹2500
- 3 Months: ₹6500
- 6 Months: ₹11,999

Timing: 8:00–9:00 AM / 7:00–8:00 PM

3 Days a Week (Tue–Thu–Fri)

- Monthly: ₹2500
- 3 Months: ₹6500
- 6 Months: ₹11,999/-

Timing: 10:30–11:30 AM / 8:00–9:00 PM

5 Days a Week (Mon–Fri)

- Monthly: ₹3500
- 3 Months: ₹9500
- 6 Months: ₹17,999/-

Timing: Your Choice (8:00–9:00 PM)

5. Teens/Adults Dance Class (15yrs+)

- **2 Days (Tue–Thu)**
- Monthly: ₹1500
- **Timing: 6:00–7:00 PM**

3. Rhythm & Strength Fusion

**TABATTA • DANCE TRAINING • STRENGTH TRAINING
• ZUMBA • FREE STYLE DANCE • YOGA**

5 DAYS A WEEK (MON–FRI)

- MONTHLY: ₹3500
- 3 MONTHS: ₹9500
- 6 MONTHS: ₹17,999/-

TIMING : 9.30AM TO 10.30AM

3 DAYS A WEEK (MON–WED–FRI)

- MONTHLY: ₹2500
- 3 MONTHS: ₹6500
- 6 MONTHS: ₹11,999

TIMING : 9.30AM TO 10.30AM

4. Prime Fit Batch

(Bombay Jam • Zumba • Workouts • Strong Nation)

3 Days (Mon–Wed–Fri)

- Monthly: ₹2500
- 3 Months: ₹6500
- 6 Months: ₹11,999/-

Timing: 10:30–11:30 AM

5 Days (Mon–Fri)

- Monthly: ₹3500
- 3 Months: ₹9500
- 6 Months: ₹17,999/-

Timing: 10:30–11:30 AM

5. Active Life Fitness

Tabatta • Zumba • Strength Training •
Weight Training • Functional

5 Days (Mon–Fri)

- Monthly: ₹3500
- 3 Months: ₹9500
- 6 Months: ₹17,999/-

Timing: 11:30 AM – 12:30 PM

***GET READY TO SWEAT,
SMILE AND
SHAKE OFF THE STRESS!***

Our Zumba & Dance Fitness Studio isn't just a workout — it's a celebration of movement, energy, and YOU. Burn calories, boost your mood, and dance your way to a stronger, happier self. Join the vibe — your body will thank you!



CONTACT US

+91 9867997631 // 9892315431



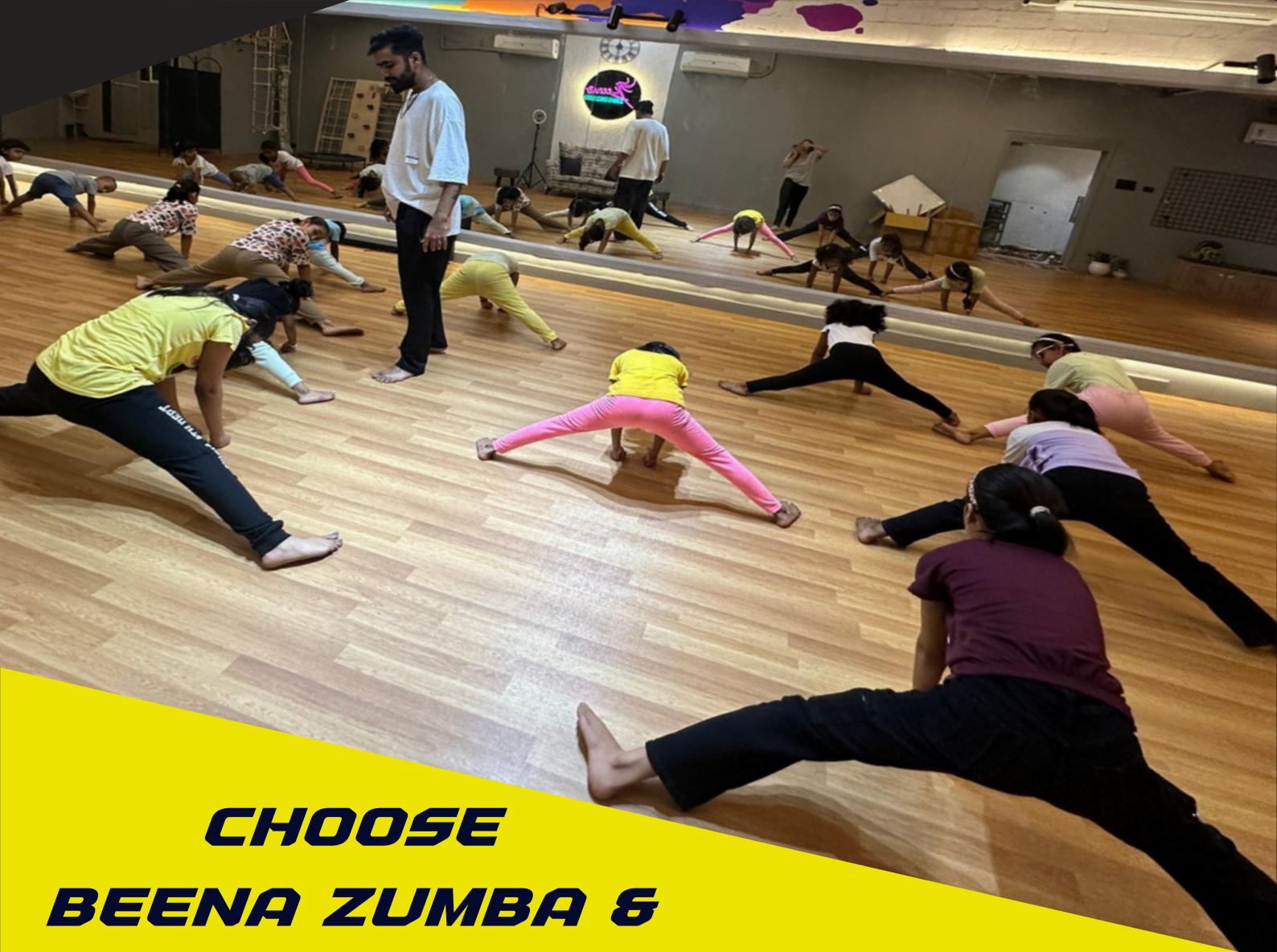
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BEENA'S ZUMBA & DANCE STUDIO, SHOP NO.2, FIRST FLOOR, HILDA COTTAGE, ABOVE BLINKIT , L M ROAD, KANDARPADA, DAHISAR WEST , MUMBAI-400068

“Ready to transform your life?
Visit us or call today!”

SIGN UP TODAY



CHOOSE BEENA ZUMBA & DANCE STUDIO

- Largest studio in Dahisar – 1300 sq. ft. of vibrant space
- Certified and experienced instructors
- Positive, energetic, and supportive environment
- Custom packages for all fitness levels
- Multiple batch options for all age groups

STUDIO AVAILABLE FOR RENTAL

